



LIST OF GYM EQUIPMENTS



T.J.S ENGINEERING COLLEGE

Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai.
Accredited by NAAC / ISO 9001:2015 Certified Institution
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GYM FACILITIES

LIST OF EQUIPMENTS

S.NO.	ITEMS	QUANTITY
1.	MULTY FUNCTIONAL TRINER SMITH	1
2.	MULTY CHESS PRESS	1
3.	SHOULDER WITH MULTI ABS BAR	1
4.	FOREARM MACHINE	1
5.	LEG CURL	1
6.	LEG PRESS WITH HACK SQUAD	1
7.	BICEPS CURL MACHINE	1
8.	ABS CURL MACHINE	1
9.	CRUNCH BENCH	1
10.	PUSS-UP-BENCH	1
11.	4 FEET ROD	2
12.	6 FEET ROD	1
13.	DUMBELLS 2.5 KG	2
14.	DUMBELLS 3 KG	1
15.	DUMBELLS 10 KG	1
16.	DUMBELLS 15 KG	4
17.	WEIGHT PLATES 2.5 KG	4
18.	WEIGHT PLATES 5 KG	8
19.	WEIGHT PLATES 10 KG	10
20.	WEIGHT PLATES 15 KG	4



PRINCIPAL

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